

HEALTH+BEAUTY

DARE TO GO BARE

Our guide to
top waxes

Pressed for time? Pop into **Aqua Nailbar and Salon**, 3455 State St., Santa Barbara, 805-687-8483, aquanailbar.com, for an on-the-go "speed wax" (from \$10) with **Anezka Jahner**.

At **Avia Spa**, 350 Chapala St., Santa Barbara, 805-730-7303, santabarbaradayspa.com, calming lavender hard wax and organic honey cream wax (\$15-\$110) keep your legs velvety smooth.

Treat yourself at **Cielo Spa Boutique**, 1725 State St., Ste. C, Santa Barbara, 805-687-8979, cielospasb.com—"cielo" is Spanish for heaven—where you can de-stress while you de-hair (\$10-\$60).

Traveling estheticians from **Indulgence the Home Spa**, 805-708-0425, indulgencethehomespa.com, make bikini and brow waxes (\$115 per hour) a relaxing treat: Their services include a 25-minute hand and foot reflexology massage in the comfort of your home.

Jo Ellen McGlone at **About Faces Salon**, 2273 Las Positas Rd., Santa Barbara, 805-682-5294, prefers French hard chamomile

beeswax. The super-gentle stripless wax (\$25-\$105) goes on smooth and lifts hair by the root so there's no irritation.

Nina La Fuente, 1207 De la Vina St., Santa Barbara, 805-962-4756, incorporates lemon, lavender, and rosemary-infused Italian cream waxes into her soft-touch treatments (\$10-\$75).

Peaches Skin Care, 104 W. Mission St., Santa Barbara, 805-563-9796, peachesskincare.com, offers soothing antibacterial waxes for quick and affordable brow (\$20) and bikini (\$25-\$45) services.

Eco-friendly **Qui Si Bella**, 3311 State St., Santa Barbara, 805-682-0003, quisibella.com, treats clients with all-natural hard and soft waxes (from \$15) infused with calming herbs to soothe the delicate dermis.

Walter Claudio Salon, 11 W. Figueroa St., Santa Barbara, 805-963-7579, waltercaludio.com, uses a pink-hued, strawberry-scented, organic cream wax to shape brows and keep you bathing-suit ready (\$14-\$65). —LINDSAY HILL AND ALLISON FESS